



Lifeworld Learning Research & Development Group

**Towards a Better Understanding
of Our Own Learning Lives**

**COMPILATION OF
EXPERIENTIAL DOMAIN MAPS
24.02.21**

LIIFEWIDE LEARNING MAPS as at 24.02.21 JW

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LIFEWIDE LEARNING MAPS

How do participants create their maps?

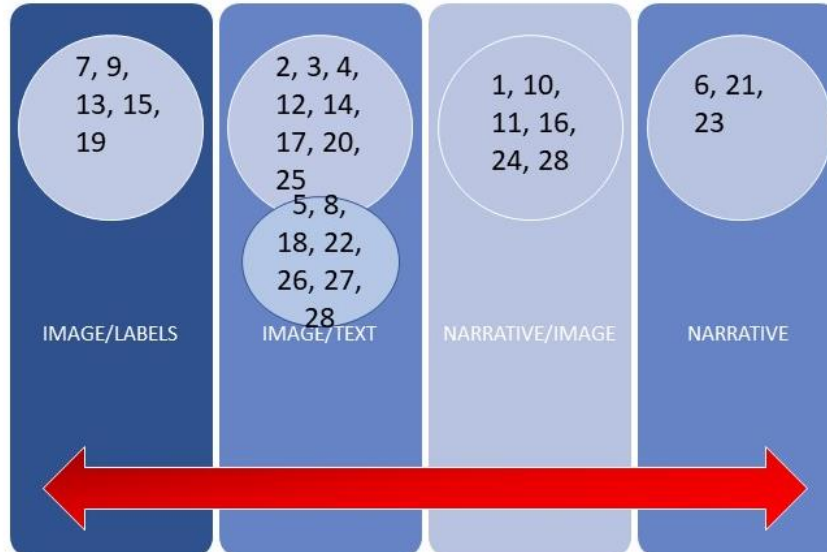
This document complements the compiled set of domain maps, currently numbering 28, but expected to increase by at least 1 before the project ends. It does not address the content of maps, but focuses solely on their format.

The composite document comprises 28 maps, but 4 of these (highlighted in red in the index) are both maps and vignettes so are included in both compilations.

It became apparent as I compiled the maps, that participants used a spectrum of models for representing their domains, ranging from purely image across to purely narrative. Below is an analysis which shows the four models (image + label; image + explanatory text; narrative + image; narrative alone) and the distribution of narratives across these.

It is clear that the majority (15 = 54%) fall within the second from left column, image + explanatory text. However, there are 2 subsets within this group: the top circle is imagery of the writer's own design plus text based on the guide model, whilst the lower circle represents participants who used a ready-made template e.g. from Microsoft.

LIFEWIDE LEARNING DOMAINS MAPS
Forms of presentation

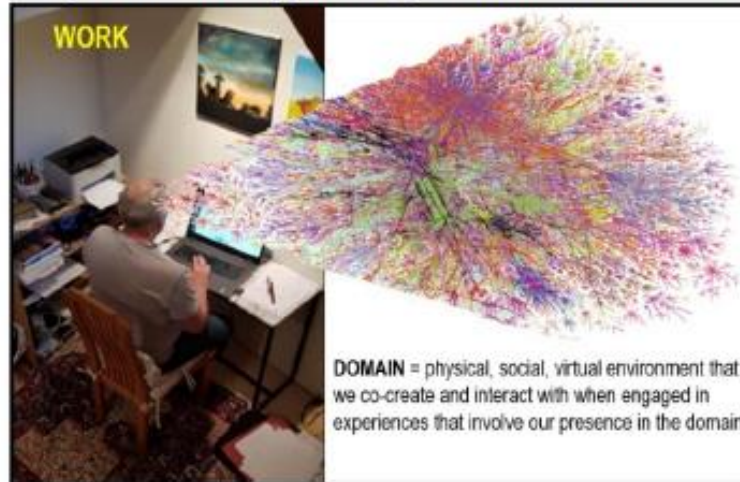


JW

24.02.21

laptop and printer and speaker/ headphones for streamed music. Wifi and internet connect me to the world and the people I work with. It's a comfortable environment for work with no distractions (other than the music I play). However, the wifi sometimes fails so I pop upstairs to get a better connection. My presence is not required in a particular place in order to do my work.

Figure 2 How technology extends my work domain in a virtual sense



Similarly, my rehearsal room is a place where I make music with other members of my band. It's a converted field shelter with electronic drumkit, PA system, amplifiers, mixing deck, microphones, singing booth and more. When we come together, (not often during the pandemic) we have everything we need in one place. But I still have a guitar in my lounge which I often play showing that my involvement in making music is not restricted to only one physical space/place or one instrument. Furthermore, as my vignette (Another messy struggle with technology) shows, how I am trying to use technology to extend my music making domain and the activities and experiences it contains, in a virtual sense by playing my guitar with my friend via the internet.

So there is a fuzziness in the concept of domain in the sense that it *more or less* contains the presence of individuals with particular relationships, engaged in particular activities, for particular purposes, using particular tools and other resources. But experiencing the things that are associated with the domain, like for example playing music, is not restricted to one particular environment. For example, while I can be physically present in my garden, I can be cognitively and emotionally engaged with creating a tune or song. A concept of domain must be fuzzy enough to permit a fluid concept of presence.

My domain map (Figure 1) contains a lot of information about who I am, what I do, who I do it with, the tools I use, the things I value and more broadly how I perceive the mix that is my life. The nine vignettes I have written for the Learning Lives research project over the last three weeks (shown in red) illustrate how my emergent learning is part of every facet of my life. The vignettes provide the micro-details of my learning in the different contexts and situations that constitute my life. I have also tried to show on this experiential domain map, how specific processes and events, like my involvement in the learning lives project, can be diagrammatically represented.

2 Diana Gregory

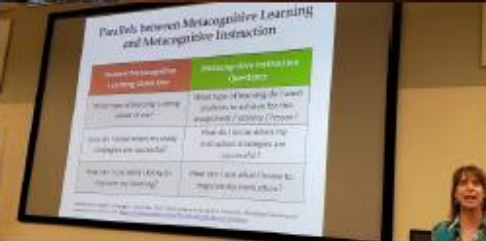


I'm a professor of art education at Kennesaw State University about 30 miles north of ATL with a 40,000-student population. Currently teaching 89 students in 3 online classes in GenEd, ArtEd, and Studio. Teaching by example I have my Early Childhood/Middle Grades pre-service teachers learning about photography. Photo is a sample I produced for them, leading by example is best as many don't think they are "creative," but I believe in everyday creativity (Richards, 2007) so ... In the Studio course I am working with my research partner on a longitudinal study on the effectiveness of teaching creativity/conceptual inventiveness focusing currently on a performance art project & I'm preparing for a new master's program starting fall 2021



25 years with my partner also an art ed professor at KSU. I learn daily about taking the one seat and being present in the moment in this relationship.

Home and Hobbies: Live in the sticks on the side of a mountain in North Georgia – was an avid gardener until we had a 5 yr drought, now I enjoy the cut flowers that magically appear but am currently on a no water in the garden routine. Water is too precious now and will replace gold as a commodity soon. Since covid I have saved these beauties and am testing a drying process for future art projects. As an artist/researcher/teacher I have projects in the works in my head and in various states of "doing" in my house and



Professional development: involvement with ISSoTL/SoTL Commons. I am a member of ISSoTL Advocacy committee.

<http://www.couragere renewal.org/approach/> Parker Palmer's "Circle of Trust" approach is center to my development. As for travel, I am deeply grateful I took opportunities when they emerged (Norway-in the picture Australia with ISSoTL) Ohio (with SoTL) and as an Air Force brat, I'll go anywhere, just give me a second to pack my bag.



From Texas but Georgia is now home Ready to GO!



What will retirement look like? New...

3 Eleanor Pierre



Employment
Started at 18, and always had to do 1 primary job but 2 or 3 little jobs on the side to keep challenged.
No wonder I embraced contract work in my retirement.
- Public Services Association (Trinidad)
- The Bank (Canada)
- College Teaching (teachers) es
- Curriculum Designer
- Online instructional Designer
- Training for Business and Industry

Experiential Domains



Webmaker Mentors

Creativity

I have been teaching creatively and have been to numerous creativity conferences over the years. A few years ago, I took some creativity classes and now deliver workshops in that area. Its my new toy that I am playing with and getting more familiar in this playground. During Covid I was forced to examine how to do these kinds of workshops online. I am learning a lot and enjoying the journey.



home school church

Work

Started in Labour Relations, Went on to Banking, and the into Teacher Education. Went back to University as an adult and got the qualification so that others Listened to what I was always saying before I got the piece of paper. Taught in several teacher education programs until semi retirement where I am now doing much the same on a contract basis. It's what wakes me up everyday and where I spend most of thinking. It's the area that I most want to contribute to and give back to many who have assisted me along my path. I don't think I will ever fully retire. There is so much to still do in life. I want to experience many more areas, some of which I may not be aware of presently.

Technology

Something I am always wrestling with. My kids think because I can design curriculum for online learning I know a lot about technology. Fallacy. I am constantly learning.

Travel



I am most excited when I am on a journey. It can be literal or through imagery, blogs, A movie. Foreign places turn on that light inside of me. I have been fortunate to visit India, Hawaii, Sicily, San Salvador, the Caribbean, and many parts of Canada and the U.S. During Covid I miss the travel and look Forward to getting back on the road.

Gardening

Most of my Spring and Summers are spent in the garden. I plan new ideas and surprise spots every year. Its a pastime that I cherish. It seems to be the one place where I feel I can create with no interruptions. Its just my canvas to fancifully design.



New Ventures AR/VR



A Timeline of Virtual and Augmented Reality

Family Matters



connections




THE AMAZING EXTRAORDINARY FRIENDS




4 Angela Shapiro


Family & Home Learning to cope with mum who has dementia without being able to visit. Trying to stimulate via the mobile phone

Virtual World Presenting talks, giving guest lectures, trying to learn how to tweet and present on Zoom







Welcome to Gathering the Voices
Stories of Holocaust refugees who escaped Nazi persecution.
Learn about their new lives in Scotland.




Missing my boys and their families




Finishing knitting a sweater&wearing it





On the other hand, this sweater is never going to be finished

Unpaid work
Article in preparation- 'Generation X,Y&Z & their relationship with Holocaust refugees via the internet.' Started in April 2020. Reviewing articles



Caption

Walking, walking , walking , good for my mental Health, but spoilt by eating chocolate & drinking wine

5 Ellen Shobrook

MY EXPERIENTIAL LEARNING DOMAINS

ELLEN SHOBROOK

Born in Birmingham, 1983
Brought up with Catholic Schooling (Catholic Primary, Secondary and Sixth Form), but not a very religious household - now atheist/agnostic
BA Hons Humanities, University of Brighton, 2007
Lives in Birmingham (Selly Oak/Stirchley)

JOB / CAREER

- Educational Development Coordinator, Personal Skills Award
- University of Birmingham (various roles, since 2007)
- Editor for sector publication (AGCAS Phoenix)
- Lots of career ideas...
- Still learning in this role!



PARENTHOOD

- A journey towards parenthood
- 2 children - both girls
- Evaline (b. 2016) and Rudi (b. 2018)



RELATIONSHIPS

- Heterosexual partner of 19 years
- Parents, sibling, brother and sister in law, mother in law, nieces and nephews
- Friendships - several very important to me
- Neighbours
- Colleagues



ACTIVISM & CITIZENSHIP

- Staff Network (Women's Network) Co-Founder & Co-Chair
- Sustainability Community Group Co-Founder (currently inactive)
- Director & Advisory Board member of a Social Enterprise (Grow Outside)
- Trying to be more politically engaged and actively anti-racist

HOME & GARDEN

- Meal Planning, and trying to reduce waste (both food and plastic)
- Gardening and vegetable growing (sporadic and not very successful)
- Would love to adopt minimalism, but struggling to reconcile the theory with practicalities of parenting



HOBBIES & INTERESTS

- Film & TV
- Books & audio books
- Music
- News & Podcasts
- Crochet & other craft "fads"
- Art - doing and viewing (mainly with children these days - A-level and life-drawing in the past!)



SELF

(HEALTH / EMOTION / WELLBEING / IDENTITY)

This is perhaps the most important for me, as everything either feeds into (or is dependent on) this domain. I began practicing mindfulness several years ago, and also use walking and yoga as tools for emotional and physical wellbeing. I still feel like I am learning how to inhabit my own body - managing hormones and emotions, and "staying well". I'm really interested in how we navigate this individual learning journey in social contexts and the other learning domains (especially work) - and how the deeply personal can be political (or politicised).

6 Victoria Wright

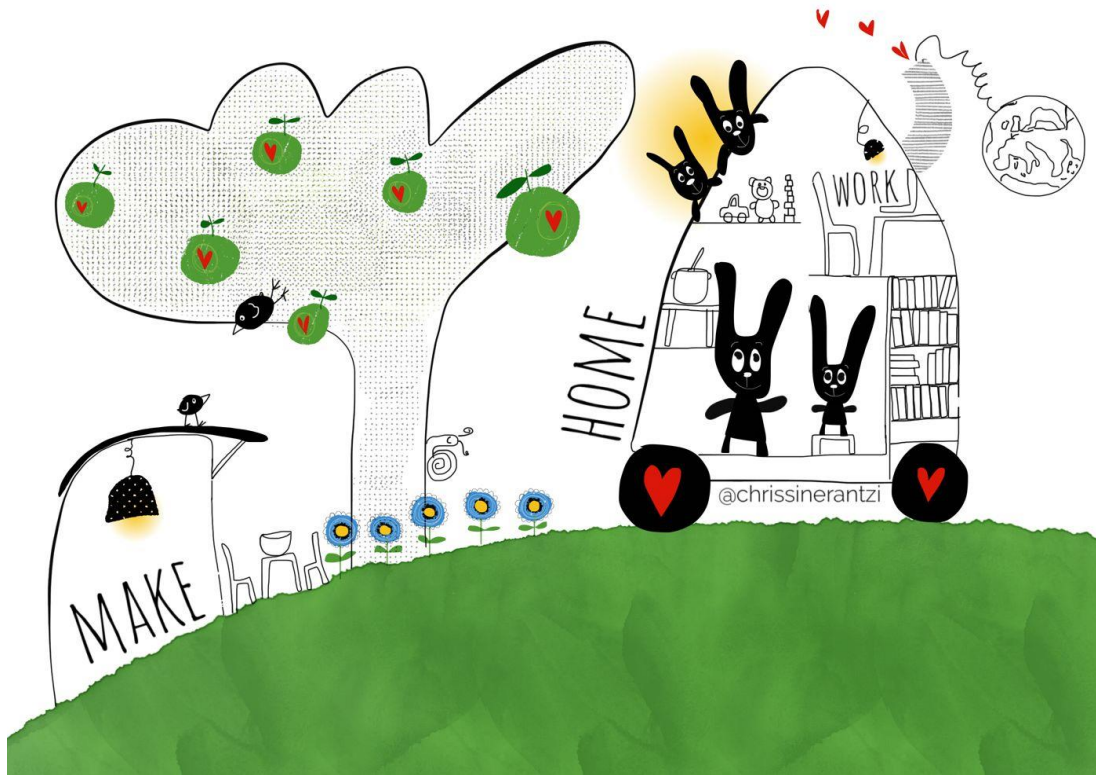
Lifewide Experiential Domains Map 2020/21

Take a few minutes to think about your life at the scale of a year and ask yourself the question, what are the main areas or domains in my life where I spend time and have my everyday experiences through which I interact with different people and learn, develop and achieve? Use a different box for each domain e.g. work, study, volunteering, caring for others, looking after yourself and the other aspects of your life. For each area - briefly describe the situations you experience and the significant people you interact with? Are you trying to achieve something? What are your GOALS? What are the CHALLENGES, OPPORTUNITIES or AFFORDANCES? Adjust headings and text boxes to reflect your situation. You can use this map to chart the learning experiences you describe in your learning vignettes.

Paid work There is a lot of learning in my work and lots of new challenges as well as opportunities. I have worked at the university longer (by far) than I have worked anywhere else. I like the variety of it and I like the fact that through the new challenges I often think I grow. Within my work there is a lot of informal as well as formal mentoring and that is very important to me. I value mentoring as someone who has worked with very kind and enabling colleague-mentors and who now wants to open up opportunities to others.
Family and friends Family on the doorstep - focus here is on shared understanding and support of each other's goals. It's also about recognising the challenges for each other and can involve informal mentoring around what opportunities and affordances might appear. Friends are more distributed but again there's plenty of reciprocal informal mentoring and support. There's no pressure here either - whether to contact more regularly or to meet up in particular ways. These are all long established friendships where the knowledge of each other means even after a time lapse, the friendship remains the same.
Managing a home and garden Managing both is something I take pride in. This is my first house (I've owned four places before this) where I have decided to stay. My goals are to make it a relaxing space but also one to be 'played' in. By play I mean hobbies which are within another domain. This is a house that needs to bring together a space for work, a space/s for play, space/s to relax, space to eat. The mood of the house is important to me. What does it feel like when I walk in? and what does it feel like in each room? My challenge is to ensure that it is not a fixed space but that it can evolve over time. By creating play spaces I'm safeguarding the affordance to be/ play. A house must give you 'room to breathe'.

Continuous Professional Development I am not currently doing any formal study but a friend did signpost me to an Open University free course on Starting to write fiction. I haven't yet started writing but I have been reading and watching the videos over the last few weeks. I am looking forward to putting pen to paper in a more creative way. Usually I journal and I write poems every now and then and typically when I've been out for a long walk/ am feeling happy/ have read the latest mslexia magazine/ have read someone's poem and like a phrase in it. The challenge is to recognise how and when I can access the open university course: do I need to fit it in to my day (make a schedule for it)? I am still having a think about where it fits in my current day to day life and I'm again thinking why do I still not prioritise creative writing?
Hobbies and interests Baking bread has become a hobby since I went on a breadmaking course. My brother in law asks when I am next making bread in a hopeful tone at a number of points. It's become something to take a photo of and share on whatsapp with my friends - a few of whom regularly share their baking and house and garden new projects. It becomes something to talk about as well as something to eat and share. Creative writing - more of that in the first vignette
Travel No travel but there is a travel in a different way when you go for a walk. I love walking and I don't mind walking the same routes on repeat (as currently in lockdown with the limitations) - nothing is really on repeat. There are people who smile, there are things growing, there's the birds to listen to and the sky to watch. Walking for me is the key to unlock my thoughts. When I did my doctorate in education, walking was the one thing that would always help me to find the next answer or to identify the next step I needed to take. Five years later I still know this about myself. I walk for pleasure but I also sometimes walk because I need to let my thoughts develop on a particular point/ topic.

7 Chrissi Nerantzi



8 Donna Rooney

>2019

- Family & Friends
- Interests & Hobbies

March 2020

- Home
- Work
- Virtual world
- Travel

Family & Friends: I have grown-up children, grandchildren, siblings and an eclectic group of friends living across Australia. Travel bans have made visits impossible and while we started 'Zoom visits' early in 2020, these have waned to the occasional phone call. However, I have developed strong friendships with neighbors which has been a welcomed development.

Virtual world: Just about all my time in the virtual world is work-related. Therefore, my virtual world is an extension of my work-world. I'm building a subject site for a new Masters degree and this is a new experience for me. While I consider myself a great facilitator in face-to-face classes, I worry about my capacity to do this virtually. I've been obsessed with the US election and so when I am not working online, I'm 'stalking' various forums to try and understand what Americans are thinking. I'm also deeply concerned about COVID in places other than Australia and this takes up other non-work time in the virtual world. I took a 'Facebook break' in mid 2020 and have not logged in since. But I maintain other social media accounts. This has been fortuitous because it was here I 'met' Norman J. and have had some emails exchanges over the past few months that have reignited 'old passions' – and served to redirect areas of teaching in the new course. I'm looking forward to opportunities for learning with and from others: and am hoping that this will also lead to better learning experiences for my futures students.

February 2021

Home: I live in an apartment with my partner and our cats. The apartment is walking distance to Sydney's CBD. It's a small apartment, but there is a very large (and lovely) balcony where I spend most of my time. Because of the size of our home, there are not many chores to do. However, I invent chores to force me to stand up and move. I sometimes tell people that I am 'aspiring OCD', but the truth is I get pleasure from seeing my little apartment organized, clean and sparkly. More thoughtful cooking has also become a new activity over 2020. Walking around the community is another activity I want to do even more of.

Travel: non-existent.

Work: Like most universities, my workplace took a financial hit in 2020 because of COVID-related travel bans and the flow-on effect of decreased numbers of international students. Management strategies for organizational survival resulted in almost 500 staff being 'invited' to take voluntary redundancies. This is not the first wave of redundancies to impact my academic work: over my short time at the university, the department I work in has gone from around 50 academics to just 4. I mourn the loss of my colleagues and feel an associated loss for 'adult education'. I feel great responsibility to carry on their work. That said, I also get pleasure seeing new students becoming excited after 'meeting' adult educators that have inspired me. I worry that I have sold out though: adult education has been replaced by 'adult and professional learning' at my institution, and even then, the 'professional learning' end of the continuum expands by the day. I fear its complete demise. But my passion for adult learning (given an interesting personal learning life trajectory I might share one day) plays a pivotal role in shaping my approach to my academic work: I am always on the lookout for cracks where I can push-back, and I want to be even braver ... I want to be more of a 'trouble-maker'. If we *must* have 'snackable learning' (insert sigh), I want to provide students with 'snacks' that are intellectually and personally nourishing. What was already an intensive workload has become even more so. Course over-hauls, reaccreditations, new forms of learning (read 'online delivery'), endless restructures and tiresome compliance activities have seen the volume of my work grow to an almost unbearable level. But at the same time, this domain is where most of my learning currently occurs and it is especially the case as I work with colleagues to design a new online course: due to start in March 2021 (FYI with as many 'nourishing snacks' as I can 'cook up'). I spend around 12 hours a day (almost 7 days a week) working on the balcony ... and as I write this, I begin to feel sorry for myself. I really want to read something other than a new compliance policy or a work-related article. I want to drink champagne and laugh with my friends and family! I want to get off my lovely balcony and rejoin a world where I can hug my friends and family.

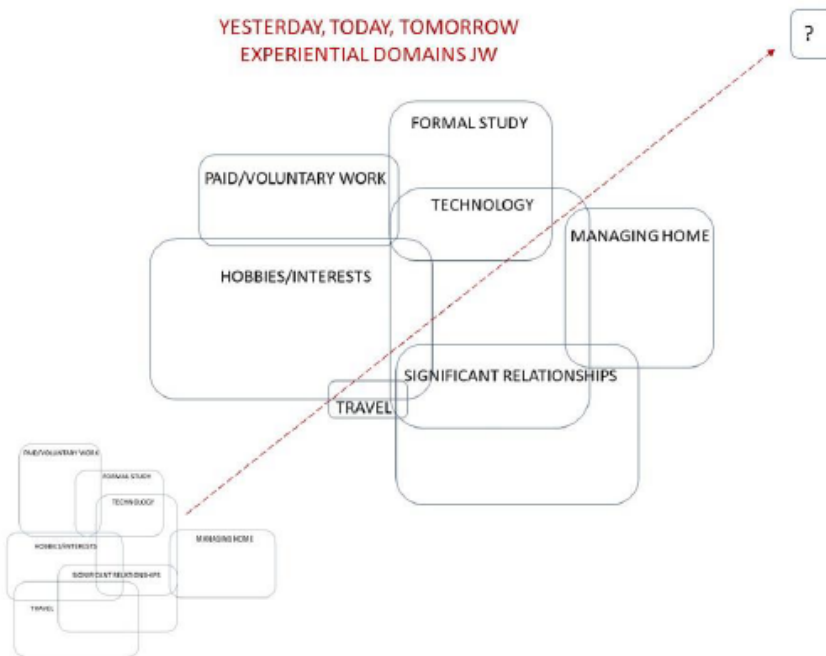
domains of life
(with a temporal dimension)

TBC

9 Nathalie Sheridan



10 Jenny Willis



A word of explanation about my domains map: I have deliberately left the skeleton of my life at this stage, in order to highlight how the significance of domains has shifted since the pandemic. I have used a time-line from then (bottom left) up to tomorrow (top right) to show evolution. Obviously, the major differences are common to us all: inability to travel (which normally plays a large part in my life as we have family in Canada whom we visit annually, Australia and Sri Lanka. We usually travel to the Far East to meet up, but no such celebration of my 'big' birthday last year...). And, of course, this impacts on relationships. Technology enables us to keep in touch with friends and family around the globe but one of the worst effects of the pandemic is that I cannot see my 94-year-old father. Although we have provided him with the technology and software to have video calls, he finds it physically difficult to use them, so contact has been restricted to a daily one-hour audio call. **Work:** though I am retired, I still teach for a few hours each week (Monday to Saturday), but this has been suspended, and I only did a few sessions on line to support students prior to their exams/interviews last month. My husband and I are able to continue our unpaid work/teaching on aspects of mental health and stigma, thanks to technology. **Managing home/garden** has also diminished but this is unrelated to the pandemic: we are having extensive building work, so the garden has been reduced to a building site, requiring no attention, and our household possessions are largely packed in boxes, so I don't need to dust and vacuum amongst the building work!

The other thing I need to point out is the deliberate clustering of domains. They are so inter-related that I initially thought I would have to show each as a series of overlapping sectors of a circle. For as a lifelong and lifewide learner, there has never been a boundary between my work and leisure. Even in retirement, I spend my days 'working' on the computer. (Is this lifewide project work or an interest? The two are indivisible.) My other current activity is writing a book on mental health with my psychiatrist husband. It has been many years in its gestation, but lockdown has given us the ideal opportunity to get on and write it. His ideas, my research, my writing and production of the illustrations – work or leisure?!

So, I have ended up giving you all an insight into my life through my preferred medium: narrative. I will come back to the map and fill it in with words and images later, and let you decide which is more enlightening.

11 Rob Ward

TWO MAPS FOR THE PRICE OF ONE (written on different days with no attempt to bring them together, so I hope they make some sense to readers)!

My 'Learning Domains Map'

WORK

In past times I saw paid employment as my central life role, at least after the children left home. But paid employment does not fill my days anymore, which brings both challenges and opportunities-to pursue alternatives and also to have genuine choice and control over what I take on. This brings another challenging process, namely how I manage my time in circumstances where it is more fully and genuinely MINE to manage! I can now say 'no', though this can be challenging too, when so much still seems interesting to me, and I like and value working collaboratively with others.

RELATIONSHIPS

Still a 'work in progress', spending much more time with my wife is both joyful and can be challenging, not least when we find ourselves finishing each others sentences! It reminds me not to take anyone/thing for granted and of the importance of being sensitive to the needs of others close to me. Other relationships – with wider family and friends - are distorted by physical distance and circumstances and a frustration that we have the desire for closeness but not the opportunity. The learning here is about maximising old ways to 'connect', and finding as many new ones as possible

MANAGING HOME AND SURROUNDINGS

As with work above, 'Managing' is for me a much wider term than this category, it's about tackling practical problems (our home is higher maintenance than I imagined) and also viewing home and surroundings with a fresh perspective, a kind of blank canvas which allows new perspectives and even projects.

TRAVEL

I wish! Planning – and dreaming - are key parts of the map here. However I DO now – with my wife – tackle a daily walk – which started as a 'we must get out of these four walls' -imperative – and has now become a welcome and valued opportunity to see, and feel, more of the world on my doorstep, and indeed to meet and share with others along the way. It's also connected me more fully with more members of the local community, with whom I was previously on 'nodding acquaintance' terms! And finally, it's become a daily space for reflection – and a bit of planning – on my day and the things I need to do - it's actually replaced my commuting time reflection when paid employment occupied my days.

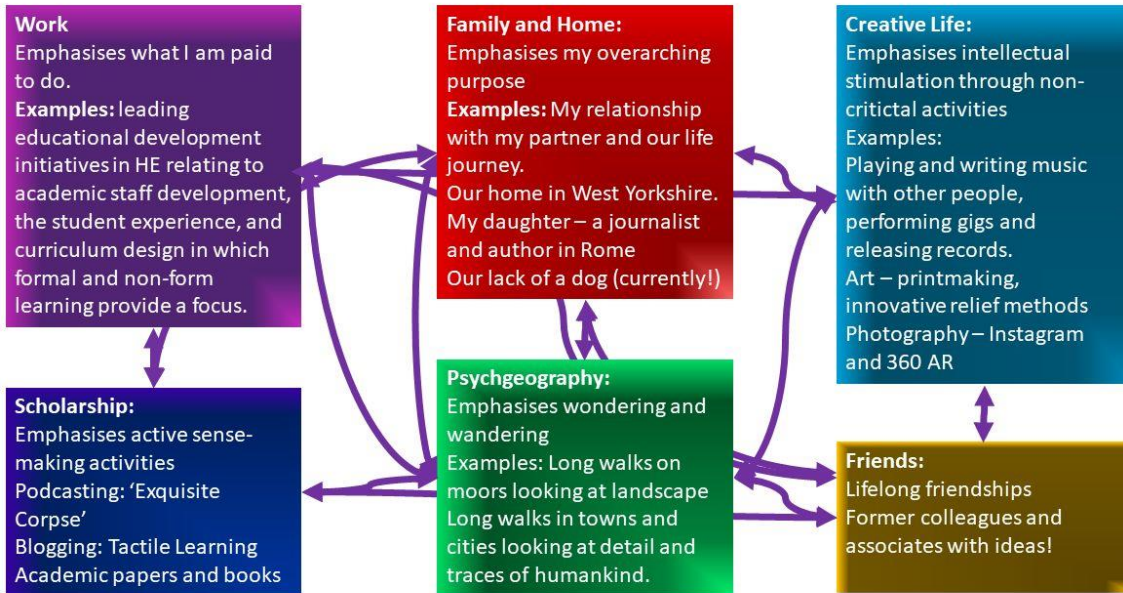
HOBBIES AND INTERESTS Some things I'm rediscovering after many years of work that I really enjoyed. Thanks to wider family facilitation I've made a start with tracing my ancestors online, which is taking me back in many senses (I'm a 'lapsed' historian). I'm learning to follow the cues and hints whilst not believing them all, and taking delight in the richness revealed through documents as opposed to simply names and dates. I also decided to stop carping from the sidelines and - finally - joined the Labour Party.....

My 'Personal Perspectives Map'-using Maslow (remember him) as a sounding board....



12 Andrew Middleton

Andrew Middleton: Lifewide Learning Domain Map, connections and crossings



13 Jason Booton



14 Barbara Nicholls

padlet

padlet.com/barbara_nicolls/c8an2si2edqgldk1

Towards a Better Understanding of Our Own Learning Lives

This collaborative professional inquiry aims to explore the nature of lifewide learning – how, why, when, what and where learning emerges in the everyday lives and practices of participants. The outcomes will inform Lifewide Education's strategy for encouraging and supporting lifelong-lifewide learning.

BARBARA NICOLLS FEB 06, 2021 12:46PM

Paid to wallow in my passion

BARBARA NICOLLS FEB 06, 2021 01:26PM

Love my jobs

Three days/week, I am a Learning Developer and two days/week, I am the Apprentice Partnership Manager.

Relationships

BARBARA NICOLLS FEB 06, 2021 01:26PM

Personal (family and friends), Professional (acquaintances)

Nurture Nature

BARBARA NICOLLS FEB 06, 2021 01:26PM

Learning from Nature

How have I changed as a result of getting myself covered in soil and dirt?

Travel

BARBARA NICOLLS FEB 06, 2021 01:28PM

Exploring new cultures

A birth mark on my foot indicates I am on the move all the time, says my mother.

Continuing Professional Development

BARBARA NICOLLS FEB 06, 2021 01:29PM

Lifelong Learning

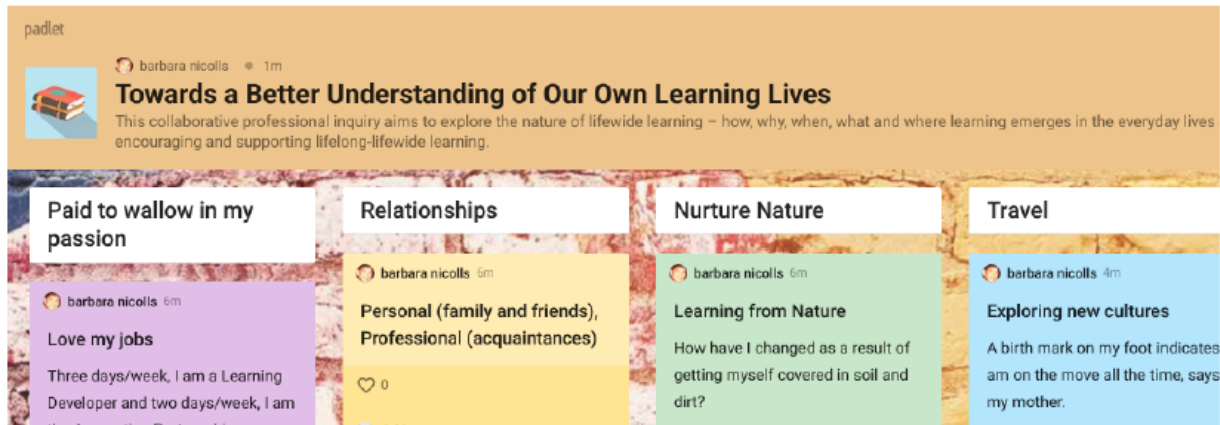
Learning through observing, reading, discussion etc

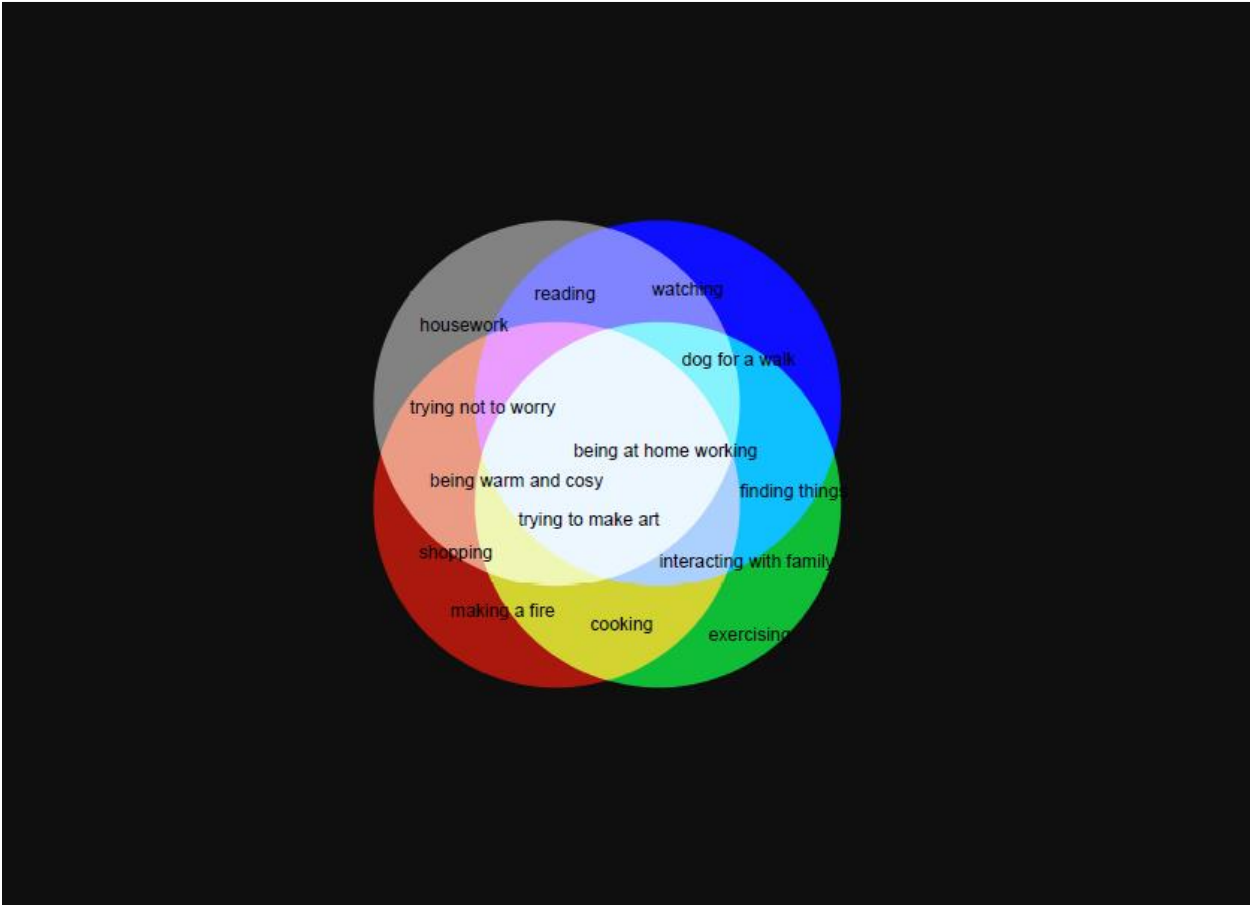
Keeping fit

BARBARA NICOLLS FEB 06, 2021 01:31PM

Rolling back the years

Learning to use my muscles and make my limbs move to keep fit.



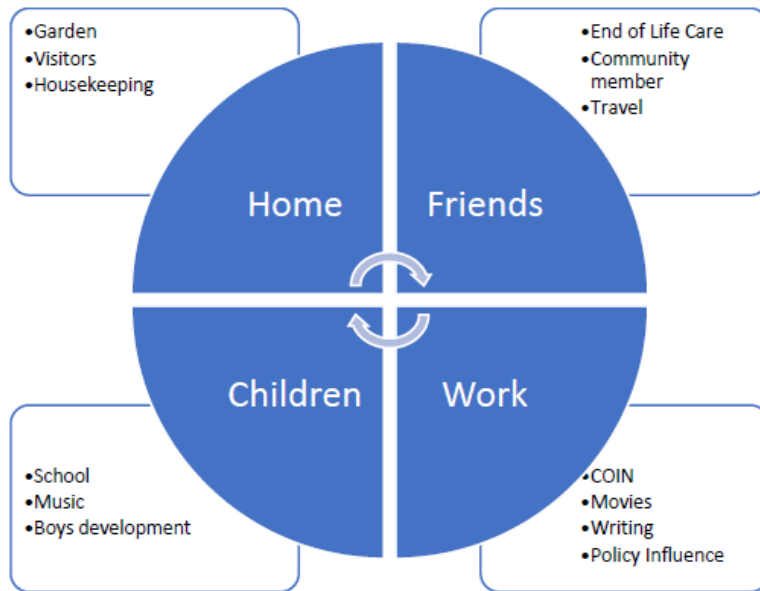




LIFE WIDE LEARNING AREAS



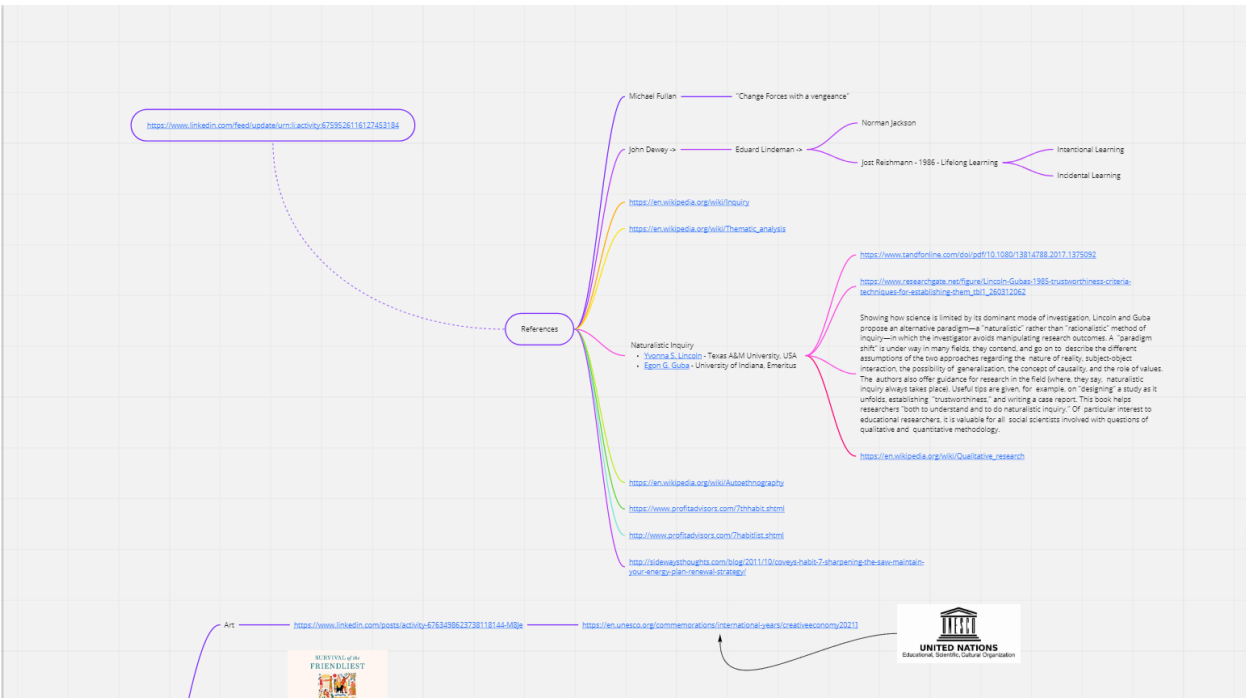
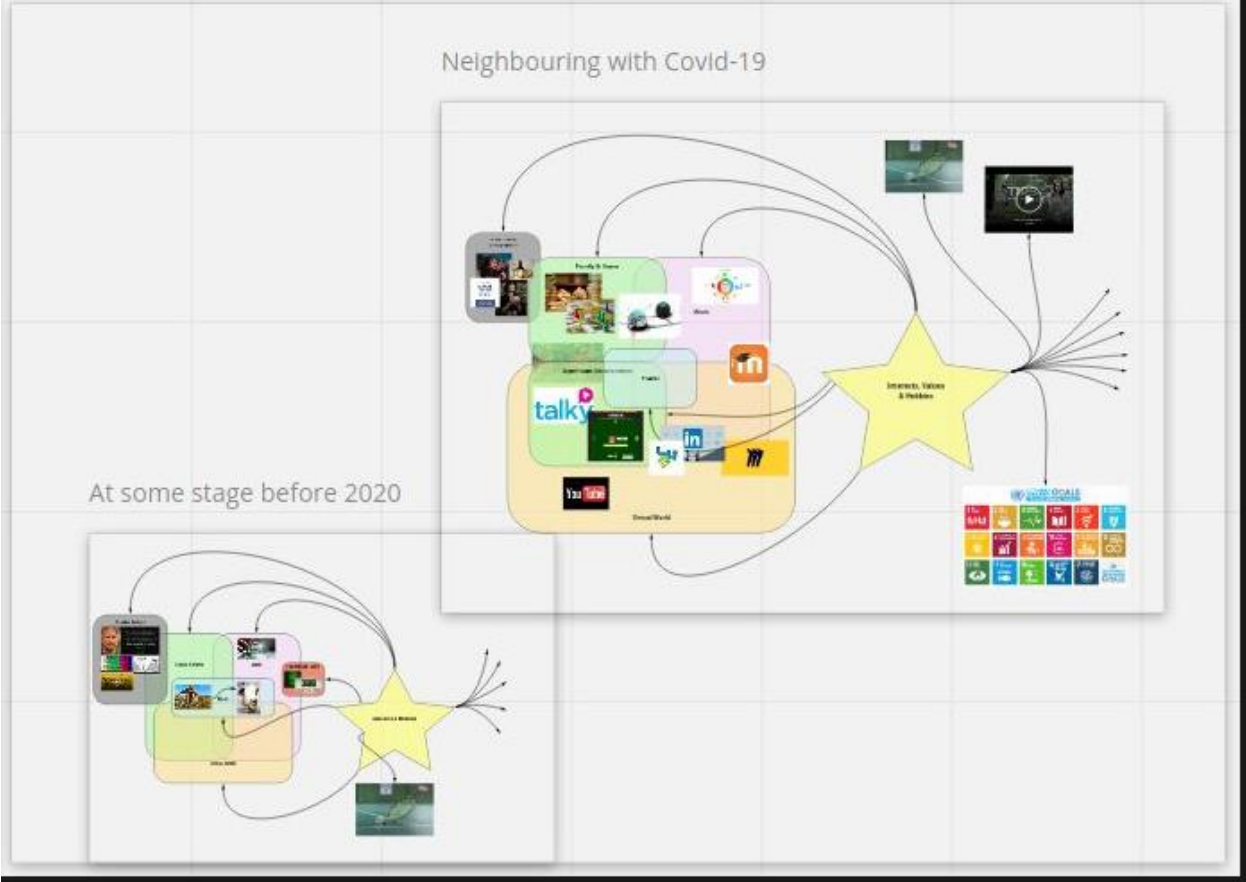
18 Paul Thomas



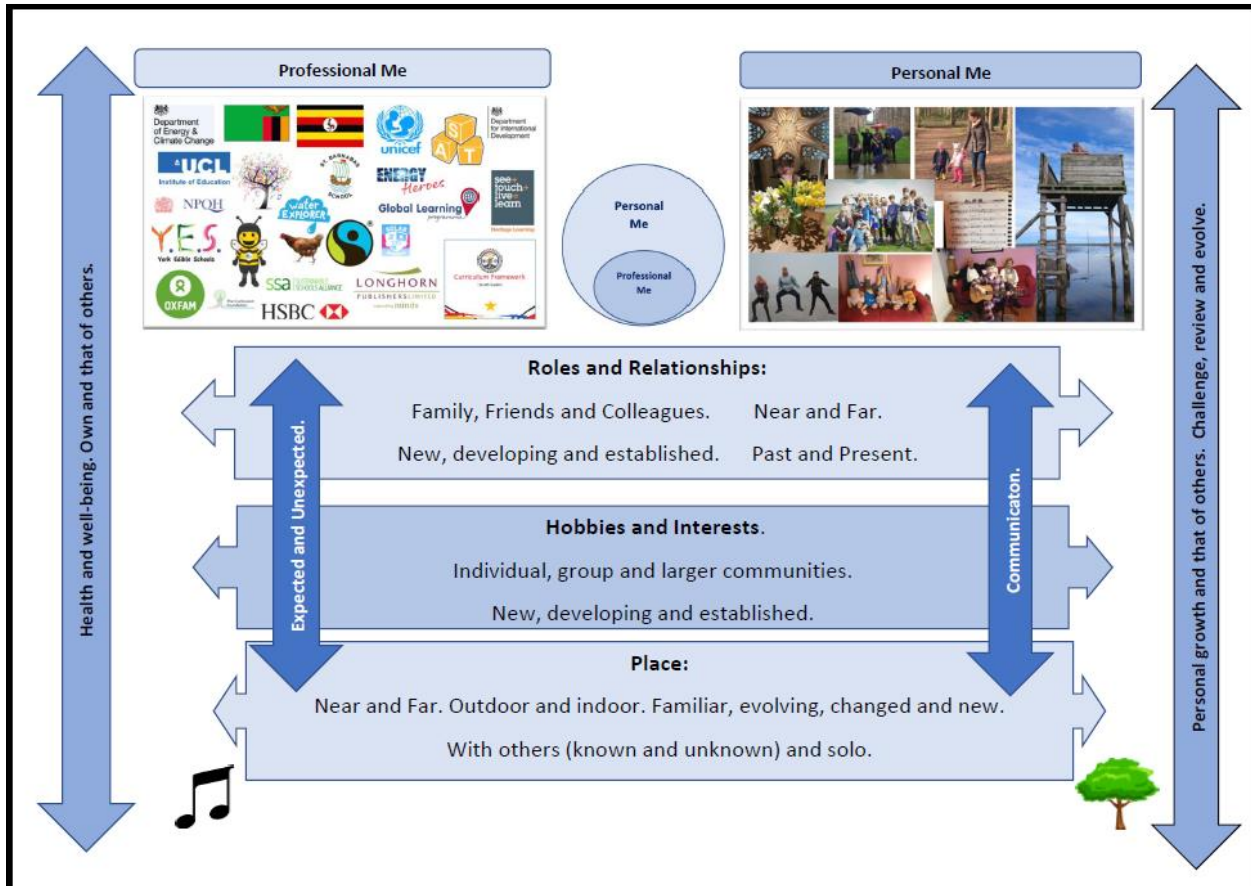
19 David O'Keefe



Lifewide Experiential Domains Map

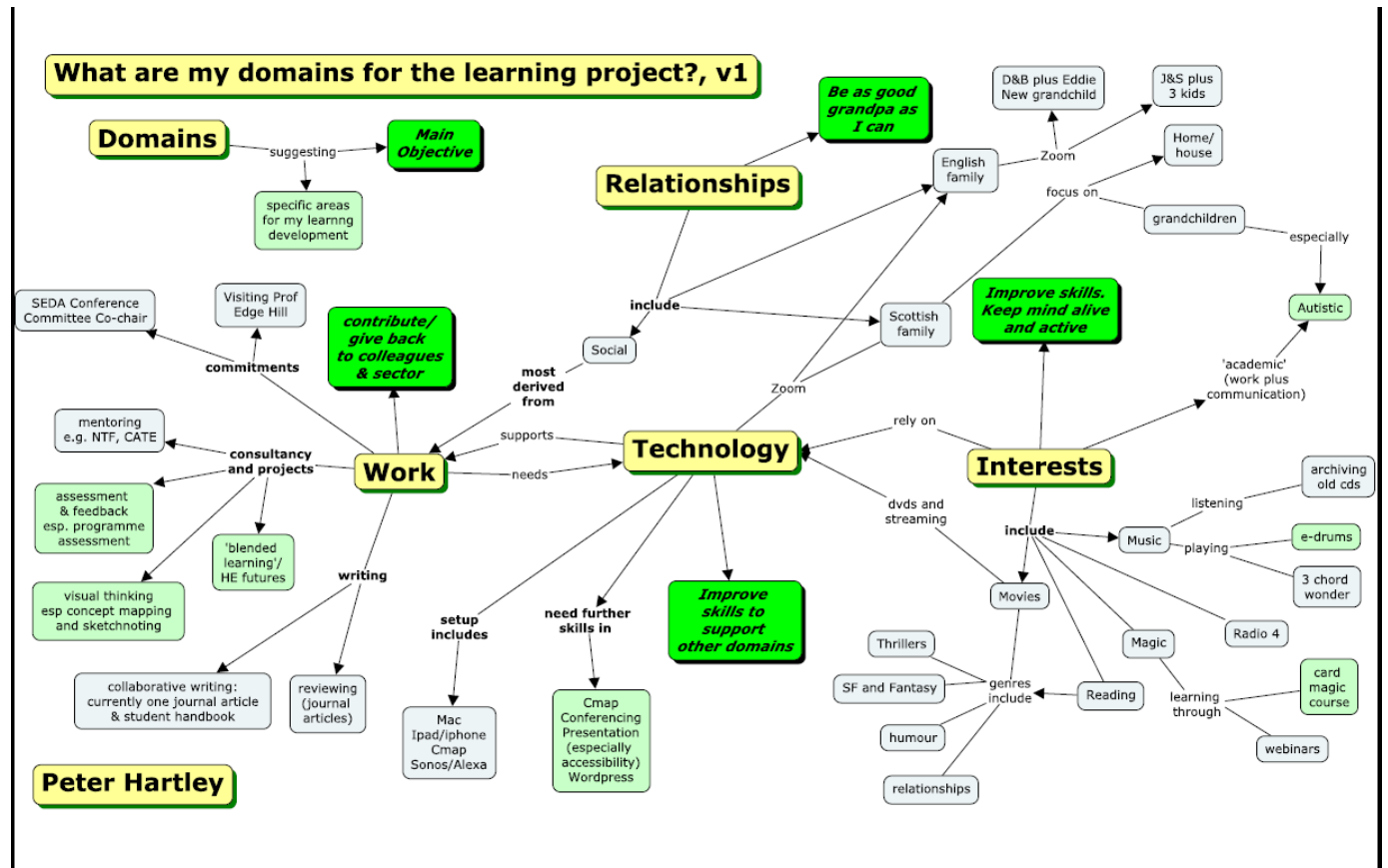


20 Vikki Pendry



21 Helen Stephenson

<p>Employment: I was made redundant from my professional employment with a university 3 years ago. I'm now working as a casual academic and professional staff member at a university. My goal is to secure a permanent or long term contract position this year and publish a paper from my thesis.</p>	<p>Home: This year marks the 10 year anniversary of home ownership. I've got a lovely small semi-detached maisonette with a large yard which I share with my cat (Czarina). So far 2021 has bought new neighbours (a young family with a little girl who cries more than any other child I've known) at the back and the two maisonettes to the right of me have also just been sold.</p>
<p>Relationships with family, friends, colleagues, neighbours, teaching, writing, self, environment, and others</p>	
<p>Environment: family and friends homes, university, gym, neighbourhood, national parks, shops, etc. I love escaping to the national park for a walk or run. It's a 15 minute drive from home and a sanctuary of sorts.</p>	<p>Hobbies: travel (pre-COVID I travelled overseas every year), gardening (a somewhat strained relationship), reading, lazy lunches/catch-ups with friends and family, home renovations (planned on a small scale for 2021)</p>



23 Cathy Hodgson

LIFEWIDE LEARNING VIGNETTE 05/02/2021 Cathy Hodgson

WORK

Today I will be using Live Chat with our university students for the first time demonstrating new online ways of connecting and engaging with students. I have learnt how to do this and work with this new piece of technology. I observed my MA Careers Education and Coaching student this week doing her first careers guidance interview and this helps me to refresh my guidance skills but help future career professionals embark on this fascinating career. This is my third student that I have supervised from the MA and this year, I have an international student who is bringing new ideas and a more global perspective. This has helped me to learn about my own guidance skills and the practice of others.

I work with a range of clients from a range of backgrounds as I am also the Careers Consultant for the college that is part of the University so my skills need to adapt constantly, at lunchtime I am doing a mock interview with a student on a traineeship. I have learnt how to build their confidence but I am always pleased about how positive they are and how much they appreciate my help.

The university is considering how we are all going to return to campus post pandemic and I have learnt throughout this time to learn new skills especially technical ones and show I am competent even know it is nerve wracking sometimes and help others who are struggling and learn from others who are not. Just as our students and graduates are having to adapt to a new working world so am I but I am excited by it.

HOME – There is a family moving today from our street. We moved to the North West for my job as I wanted to work in a university which I have not regretted. We have been considering moving back to the North East but I am very undecided and torn about this monumental decision.

FAMILY – I have a husband who I met at university and we do a similar job and try and help each other develop our careers and learn from each other. I have two adult children and a grandchild who is 3. I have learnt how resilient my daughter is as she works in the NHS, but how COVID19 has changed the way she views work as she has had a number of negative experiences and is now looking for jobs elsewhere. I have learnt that my son who lives in the North East two and half hours is an excellent dad but still needs lots of support as he is a single dad. My parents are in their seventies and eighties and my dad cycles over 1000 miles a year and volunteers with the countryside rangers in the New Forest. I am inspired by him and his zest for life. I have witnessed many of my friends take on more caring responsibilities recently and I am going to support my mum after her hip operation at the end of the month. I have learnt a great deal from her as she trained as a Social Worker when I was young and has had a rich and varied life with lots of very interesting friends but I can see her world getting smaller and smaller the older she gets.

HOBBIES – Yoga helps me to relax and unwind literally and learn how to quieten my thoughts walking helps me to learn from my environment and COVID19 has made me appreciate much more my surrounding area and the canals and beautiful countryside that are on my doorstep. COVID 19 has also helped me to appreciate how much I miss going out to restaurants and cafes for a meal, enjoying the atmosphere and the company of others, learning about their lives and experiencing food from all over the world especially in Manchester. I have learnt not to take things for granted anymore.

24 Dory Reeves

Lifewider Post 1 – Dory Reeves Feb 11 2021

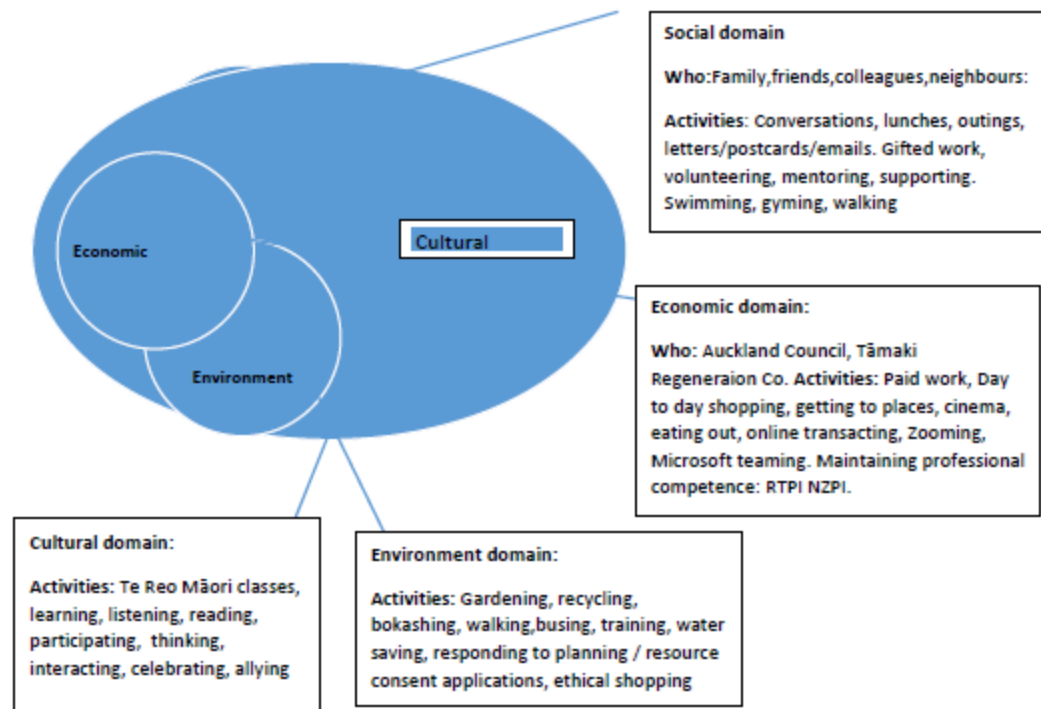
Hi everyone, I am Dory, living and working in New Zealand, an urban planner by profession, currently freelancing as a researcher, evaluator, trainer and capacity builder. I was introduced to lifewide learning a number of years ago and promoted in my management skills for planners book published in 2016.

Apologies. I am a week behind. Feb 6th was Waitangi Day here in Aotearoa New Zealand and I was lucky to spend a few days in Russell/Kororāreka.



I filled in the Lifewider template before going away for a few days and didn't have it with me.

Lifewider: You can use this template to chart the learning experiences...	
<p>PAID WORK OR VOLUNTARY WORK (What I do, who I do it with, how much time I spend, how I am learning and developing)</p> <p>Professional Services - REC & Rangitoto</p> <p>MORE - RALCO - W. S. O. N. - SCAP - W. P. M. S. - R. P. A.</p> <p>Local, Online, (Professional)</p>	<p>SIGNIFICANT RELATIONSHIPS (By Family / Friends, Significant Friends)</p> <p>What I do, who I do it with, how much time I spend, how I am learning and developing</p> <p>Steve Family Friends: Mary, Van, Catherine, Pam Marise Kathleen</p> <p>Colleen, Lisa, Helen, Amy, Anna, Kaiti</p>
<p>FORMAL STUDY / CONTINUING PROFESSIONAL DEVELOPMENT</p> <p>What I do, who I do it with, how much time I spend, how I am learning and developing</p> <p>Dr. Peter Wilson Kendall, Zeno, Angela, 2000, UWA ASPI / RPL / CPD - Tender 11/12</p>	<p>MANAGING A FUTURE GARDEN</p> <p>Building Cleaning / Maint Designing / Organising Personal Admin Shopping</p>
<p>TRAVEL (Where, when, why?)</p> <p>Fd. Auckland / Waitangi Mud. Kaitiaki April Waitangi</p>	<p>HOBBIES & INTERESTS</p> <p>What I do, who I do it with, how much time I spend, how I am learning and developing</p> <p>Reading (Non-fiction) Cinema Cooking / Baking Pottery Painting Photography Swimming / Fitness TV Shows Puzzles Home, Gardening</p>
<p>OTHER</p> <p>What I do, who I do it with, how much time I spend, how I am learning and developing</p> <p>News: Guardian Weekly, NZ Herald, Canoe, BOS Sections</p> <p>2 - 3 hours weekly deliberate practice (mind) something you don't do well at</p>	



So what if we look at our lives through these domains and through the 17 SDGs and ask how we can contribute. Thinking about the sustainable development framework, 3 common features seem to emerge when looking at activities and domains of Lifewide learning. And they are transactions, balance and change. There is an apparent contradiction between the latter 2 and then think of sailing and steering a course, navigating a course, changing course, it makes sense.

When I think of learning, I think of learning new things. And yet a lot of my time is spent relearning. I has learnt a waiata or song about Matariki which is the group of stars called the Pleiades in the northern hemisphere. Mātariki marks the Māori new year in the 3rd quarter of June. I hadn't song the waiata for a while so when I started to thik about it I honed in on the tune and gradually by repeating the first line, the rest started to form again.

Reflections:

In Te Reo Māori, learn and teach translate as ako. Lifewider learning implies we learn through other peoples lives and they learn from us. And I guess this is what we will be doing in the coming few weeks.

It was if the words were being drawn like a fish from the water one by one. I eventually went to utube and plays the tune with the lyrics and it came back. Now I repeat it to myself every now and then to reassure myself. So what does this tell me about y learning? That learning is about reptition, about practice, about rehearing, relistening and rediscovery. There a lot os 're's

How we think we see ourselves? How we want to see ourselves? How we would like to see ourselves? How we change the way we see ourselves. From a practical point of view it did show me that I may be a little bit 'busy' at the moment and need to ensure I retain that balance. What's new.

My experiential domains



Research

Research in higher education and my classroom



family

I live alone.
As the eldest child in the family, always jobs to do & problems to solve.



Interest & hobbies

Learning "Se Tar",
studying English
and German,
Watching movies



work

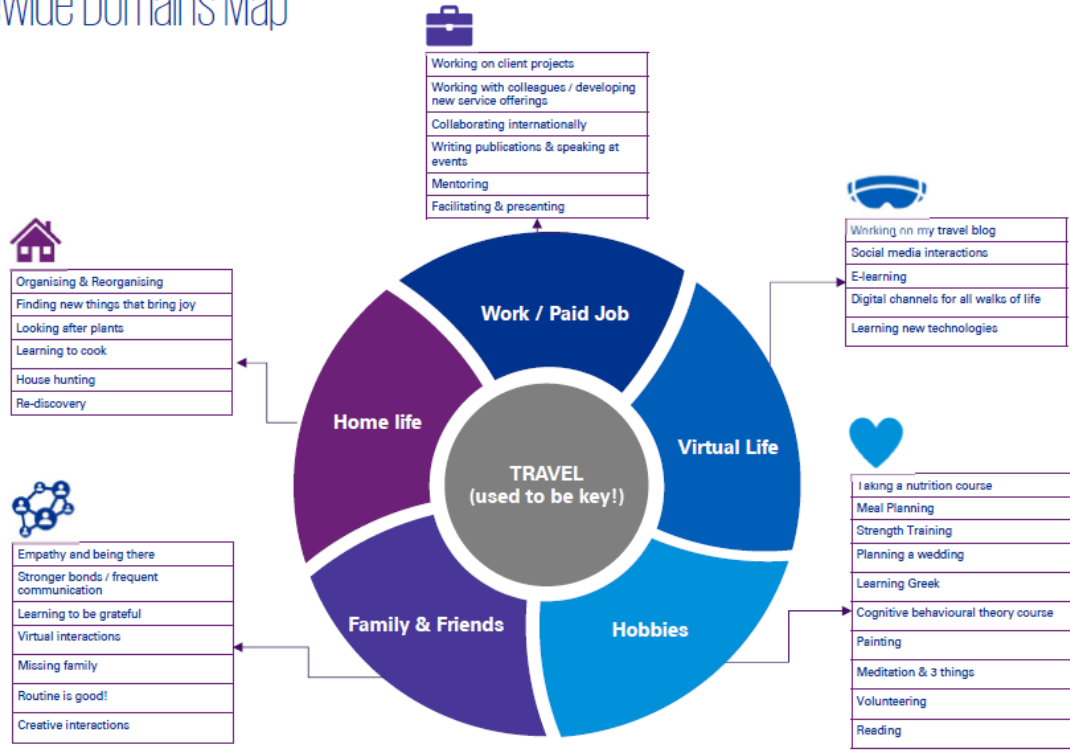
Primary school
teacher. Online
Teaching -
Producing My
Classroom
Content.



Friends & virtual world

Virtual teaching
to my students,
email, LinkedIn,
Instagram,
Telegram

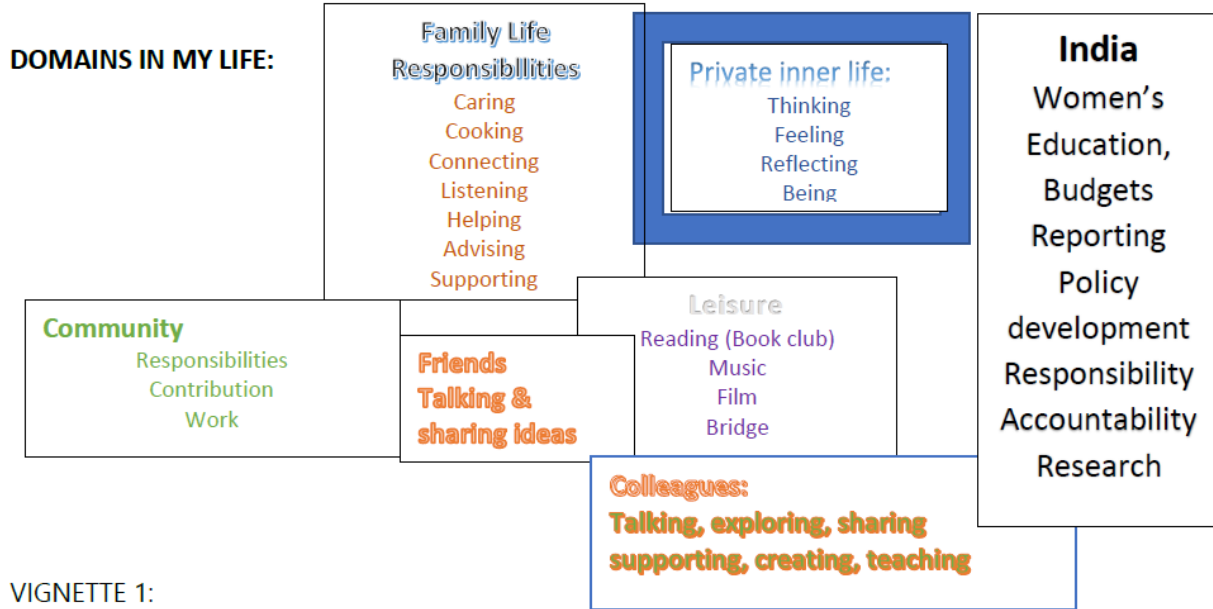
Lifewide Domains Map



27 Janice Orrell

LWE

Jan Orrell

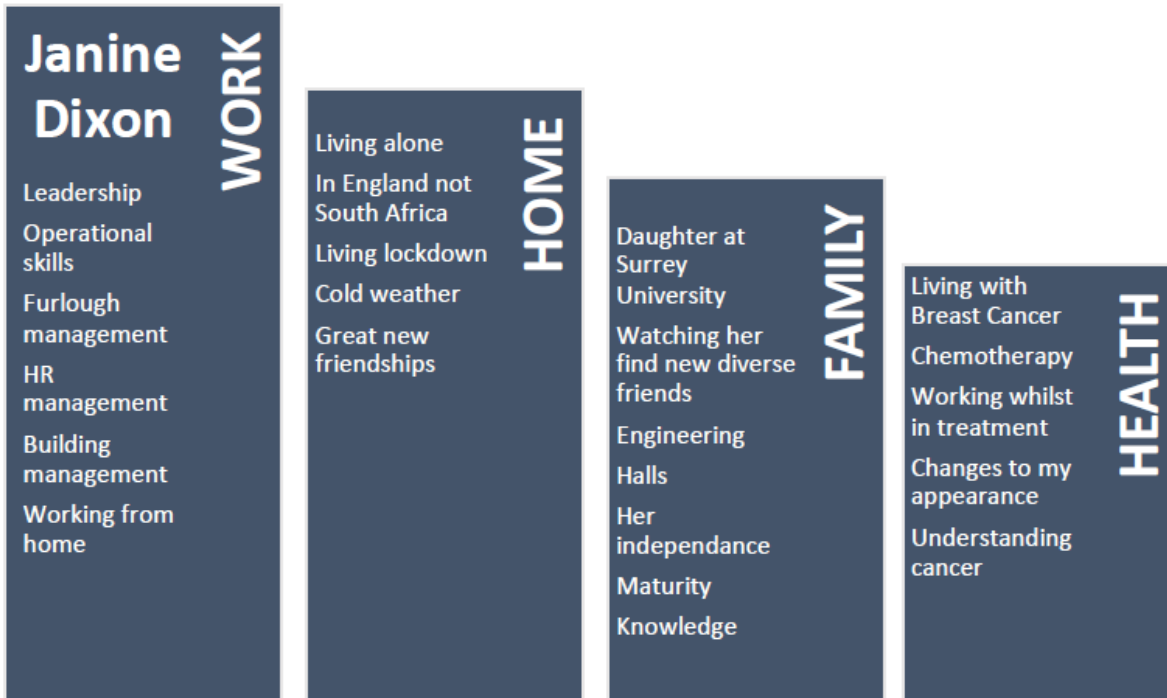


VIGNETTE 1:

Title: Learning about myself

Domain: Balancing the Domains in My Life

28 Janine Dixon



29 Alfredo Gaitan

Title: Sketching the domains in my life

Domain: All

Narrative

I wanted to write the first vignette about the experience of drawing the map because I learnt and continue to learn a great deal from drawing it. I had been meaning to do something like this for some time to help me (re)gain a sense of perspective of what my life is about at the moment, using



some of the domains suggested. I first fiddled with different templates in my favourite mindmapping programme, but realised I was wasting precious time, as I could use WORD to achieve a decent product. The task seemed simple enough, but I realised it was important to represent the relative importance of each domain as well as the amount of time because I am aware of a painful incongruence between the two things. So, I used size to represent amount of time invested in a domain and location to indicate

how important. I joined the project late and two very busy weeks meant this very useful task got postponed several times.

Reflection

Drawing the map was very satisfying for several reasons. First, I was able to complete a task that I had been wanting to do for a long time. In fact, since I returned from sick leave in March 2019 when I decided to go part-time after 23 years of service and experiencing burnout. It has taken me almost two years to find the time to try to bring some order and a sense of perspective into my life. I think the reason I kept postponing it was out of a sense of guilt associated with taking time from work. However, since it is requirement of the project, I feel it is OK to do it. It is as if work was more important than me! This can be seen clearly in my map: Work takes up a huge chunk of my life, pushing other areas that I would like to develop to one side. The second reason is that it is now out there for me to see and I can keep coming back to it. I have revised it a few times because it is dynamic. From the learning point of view, I had been thinking for some time about recording and reflecting more on the learning which happens in different areas of my life. Finally, the map could lead to action, although this is not clear at this stage.